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PAGE 22

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## Making time for suckers

Tom Hiddleston's latest flick is about love, acceptance, time and creativity... of vampires

PAGE 14



## CALGARY CHECKS OUT

Calgary Flames defenceman Chris Butler bodychecks Vancouver Canucks forward Henrik Sedin in Vancouver on Sunday. The tilt marked the final game of the Flames' season. For the story, see page 21.

DARRYL DYCK/THE CANADIAN PRESS

# Blaze claims life of 'great mom'

**Trapped by fire.** 'He was yelling hard for her, at the top of his lungs,' neighbour recalls



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A dramatic, tragic scene unfolded early Sunday morning in Evergreen, as a man helped two young girls flee a raging house fire, then returned to the home and waded through flames in a desperate attempt to save his partner, too.

Kelly Milne suffered third-degree burns to his arm as he tried, ultimately unsuccessfully, to reach Brenda Walsh on the home's second floor, according to friend and neighbour Rick Schell.

Schell awoke at 2 a.m. to find Milne banging on his door, with the girls in tow, their faces covered in soot.



Brenda Walsh was identified by neighbours as the victim of a Calgary house fire on Sunday.

FACEBOOK

He frantically asked that Schell take the girls and call 911, while he went back for Walsh.

"I lost sight of him — it was pretty smokey," Schell said, recalling the moment Milne re-opened the front door and ventured back inside the burning home. "Then it went from just a glow of flame to a full-out fire.... He came out, and he was burned."

When firefighters arrived

on scene, they had to use a thermal imaging camera to locate Walsh, who was unconscious on the second floor.

"The home was heavily, heavily charged with smoke," said fire Battalion Chief Ernie Molineaux. "The victim was actually carried out by firefighters."

Paramedics administered CPR to Walsh on the front lawn, according to next-door neighbours Ben Cui and Julie Zhang, and then took her away in an ambulance.

She died early in the afternoon Sunday at Foothills Hospital, where Milne remained in serious but non-life-threatening condition.

Neighbours described Walsh as a quiet but friendly person, and a "great mom."

"She was always doing stuff with her kids, always taking them places, walking with them, hanging out with them," Schell said. "Those kids are going to have a big hole in their lives."

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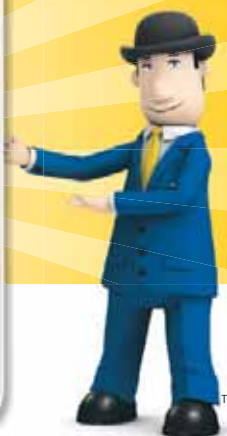
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William Aberhart

## TEDx conference first of its kind

It's billed as an afternoon of straight talk from students on issues that matter to them.

William Aberhart High School is set to host what's believed to be Alberta's first school-based TEDx event on May 9.

The TEDx conference format has generated interest around the globe and generally features experts sharing ideas related to technology, entertainment or design. Similar events held previously in Calgary have featured Mayor Naheed Nenshi and other notable local figures.

But Grade 12 student Aiden Huffman was also quick to note his peers have plenty of ideas worth sharing themselves. With that thinking in mind, he approached teacher Rachel MacDonald about putting on a TEDx event at Aberhart and has since attracted both current students and past graduates to discuss topics ranging from bullying to business interests for youth and even the grand narrative.

"It's a real opportunity for students to talk about things that matter to them and that's something they can be proud of," Huffman said.

Although he's never been to a TEDx event himself, Huffman said he routinely watches speakers sharing their ideas via online web streams. "It's short, it's to the point and it lets you talk about anything," he said.

For more information, or to secure one of 100 tickets available to the public, contact [huffman.aiden@gmail.com](mailto:huffman.aiden@gmail.com) or 403-807-8134.

JEREMY NOLAIS/METRO



Volunteers Amanda Lasiota-Rinas, left, Vanessa Mendoza, Mac Hughes and Codi Provins Tse prepare seeds for Grow Calgary's plot on Sunday. JEREMY NOLAIS/METRO

# Calgary's first seed bank launched

**Home-grown food.** Plot on Calgary's outskirts aims to provide produce for the needy



JEREMY NOLAIS

[jeremy.nolais@metronews.ca](mailto:jeremy.nolais@metronews.ca)

You've heard of the stock exchange, but how about a seed exchange?

The volunteers at Grow Calgary are planning to invite prospective food growers from all walks to partake in the city's first seed bank.

It's just the latest offering

on a burgeoning 11-acre plot west of Canada Olympic Park, where amateur farmers have already produced truckloads of food distributed through the Calgary Inter-Faith Food Bank.

In May 2013, Metro caught up with urban farming advocate and Grow Calgary founder Paul Hughes as he was just getting efforts underway at the empty site, which is located along a provincial transportation utility.

Nowadays, he and a team of student volunteers are busy doing some early seed germinating, tilling land and using some of their 10,000 gathered pails to collect rainwater — the

city donated the buckets after using them to assist with flood cleanup last June, Hughes said.

Hughes said he hopes to generate 4-5 million seeds annually at the site — meaning he's got plenty to share.

During a tour of the site Sunday, he described how the seed bank will work: "If you want to grow tomatoes, we'll have grown a tomato here that is suitable for our environment, has good yield.... You can have some of our seed; all we ask is that you give us back some seed at the end. You don't pay anything."

The Grow Calgary site has been established largely through donations.

## Here we grow

Initially, Grow Calgary spent \$2,000 to purchase 60,000 seeds producing 14 types of food.

- It's believed the seeds produced from that initial purchase will be better quality than those purchased outside the city because they will be resistant to the area's ever-fluctuating climate.

- Visit [growcalgary.ca](http://growcalgary.ca) for more information on the seed bank.

1 NEWS



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## Hell on Wheels, Blackstone nab Rosies

The gritty western series *Hell on Wheels* and APTN's critically lauded drama *Blackstone* were the big winners at Saturday night's Alberta Film and Television Awards.

*Hell on Wheels*, which starts shooting its fourth season in Alberta later this month, won best dramatic series at the 40th annual AF-TAs, which were held at the Convention Centre.

The popular AMC show nabbed five awards — nicknamed Rosies — while *Blackstone* walked away with six, including one for outstanding actress for star Michelle Thrush.

Canadian comedian Sean Cullen hosted the ceremony, which honoured the best in Alberta's increasingly healthy television and film industry.

Other major awards went to Jason Cermak for best performance by an Alberta actor for his role in *Common Chord*, Ron E. Scott for best director (drama over 30 minutes) and *Wild Obsession*, which won best documentary series for producer Larry Day of Pyramid Productions.

For a full list of winners, go to [metronews.ca/calgary](http://metronews.ca/calgary).

LISA WILTON/FOR METRO



A scene from AMC series *Hell on Wheels*. THE CANADIAN PRESS

## Hubb Music aims to become the Tinder of the music industry

**Discover, curate, connect.** 'We're giving people the power to literally build their own radio station,' says app co-founder



ROBSON FLETCHER  
[robson.fletcher@metronews.ca](mailto:robson.fletcher@metronews.ca)

Borrowing the addictive "swipe left, swipe right" interface from the wildly popular Tinder dating app, a pair of Calgary entrepreneurs believe their own startup could see the same success and turn the music industry on its head in the process.

"It can redefine the way artists use the engine that is commercial music," co-founder Nathan Hurd said of Hubb Music, which is set to launch an app for private beta testing in May.

"We're really empowering the artists and fans to come together and connect," added co-founder Zack Lister. "And we're giving artists new ways to monetize their fan base, other than just playing a show or selling a song."

Similar to Tinder, Hubb Music allows users to browse through potential musical (rather than romantic) matches, offering short previews of songs, and allowing them to either dismiss or add an artist to their collection.

"We realized there really isn't a platform with a fun, virally addictive method to discover artists," Lister said.

For fans, the app offers



Hubb Music co-founders Zack Lister, left, and Nathan Hurd show off their app in Calgary. ROBSON FLETCHER/METRO

### Building a user base

- Launched just 18 months ago, the dating app Tinder now counts more than 10 million people among its user base and was recently valued at \$500 million.
- Hubb Music co-founders Nathan Hurd and Zack Lister want to sign up about 500 people for private beta testing by May, then put their app out for public beta testing by August or September.

not only the chance to find new music, but also a way to quickly curate a mobile music collection.

For artists, it offers an opportunity to make direct sales to fans who have "liked" them,

### Empowering artists

**"We're trying to empower artists to break free of those constraints that the labels put on them. And we're giving fans the ability to feel more engaged with the artists, as well."**

Hubb Music co-founder Nathan Hurd

including everything from merchandise to "VIP experiences" such as personal Skype conversations or private meet-and-greets after shows.

"If I knew one of the artists I loved was coming to town, and if I knew there was a place I could go online and really simply and easily buy a meet-and-greet after the show to shake hands, get an autographed picture and say hello for \$50, I'd do it. And I bet you there's 100 other people next to me who would do it for the same artists," said Hurd.

The app also offers artists,

as businesspeople, something potentially even more valuable — aggregated demographic, geographic and spending-habit data on their target markets.

"They're going to know exactly how many fans they have in a specific location at any given moment and how likely those fans are to purchase," said Hurd.

In essence, Hurd said Hubb Music is about "defragmenting" the social media environment and bringing fans and artists together on one platform, where they can connect to their mutual benefit.



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# Founder of Bermuda Shorts Day says its original spirit has been washed away

... on a sea of beer?

'Ludicrous idea' now on tap to be remembered for raucous partying, disputes over size



JEREMY NOLAIS

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You were more likely to see students competing in a three-legged race than raising a pint at the first Bermuda Shorts Day.

In fact, Alan Arthur, a retiree credited with kickstarting the annual University of Calgary end-of-semester celebration, said he simply wanted to reduce the stigma of men wearing shorts in public when he came up with a "ludicrous idea" and scrawled a notice on an announcement board advising students to don their finest flowered bottoms in 1960.

"When I showed up in Bermuda shorts, I was surprised



Lineups for the University of Calgary's Bermuda Shorts Day beer garden tend to be long — really long.

COURTESY UNIVERSITY OF CALGARY STUDENTS' UNION

at how many people also did, because I thought they would believe it was an April Fools' joke," said Arthur, who now lives in South Carolina.

The inaugural event was lighthearted in nature, according to its founder. Students would spend breaks between classes playing marbles and taking

part in other activities associated more with family picnics than raucous music festivals.

Flash forward to 2014 and a dispute has brewed between

## Keep your shorts dry

Some U of C groups host "dry" Bermuda Shorts Day events, and some students spend the day volunteering in the community.

student leaders and administrators after the latter group denied a request to boost the size of the BSD beer garden from 4,400 students to 5,000. Students' union president Raphael Jacob said the additional space would actually help cut down on incidents in the long lines that tend to form, and said his organization is being unfairly blamed for debauchery occurring elsewhere on campus.

But when asked Sunday whether the original intent of BSD had been lost over the years, Arthur responded, "It sounds to me like it has."

"It was more like being little kids than anything else; it was just a lark," he said. "It was kind

of a break from the tension of getting ready for exams and everything at the end of the school year. That was really it."

But Jacob said he believes the intent of BSD hasn't changed, even if the bulk of students partaking tend to spend their day partying in — or waiting outside — the beer garden.

"BSD is to celebrate the end of classes and there are many different ways to do it... You obviously don't need to drink to participate," he said.

U of C said last week that the decision against expanding the beer garden was made "in the interest of safety and security." But Jacob said he believes the central party area was created in the 1980s to help corral students whetting their whistle with alcohol in areas around campus. He said, in general, there are few incidents — especially given the size of the crowd taking part.

The Bermuda Shorts Day beer garden opens Monday at 11 a.m.

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# Ukraine to launch action against pro-Russian forces

## Army involvement.

'We're not going to allow Russia to repeat the Crimean scenario,' president says

Ukraine is launching a "large-scale anti-terrorist operation" to resist attacks of armed pro-Russian forces, Ukraine's President Oleksandr Turchynov said on Sunday in a televised address.

The authorities in Kyiv will use the army in order to prevent Russian forces from moving in, as they did in Crimea, Turchynov said, pledging amnesty to anyone laying down arms by Monday morning.

"The Security Council has made a decision to begin a large-scale anti-terrorist operation with participation of army forces," he said. "We're

## Emergency meeting

The UN Security Council called an emergency meeting at Russia's request Sunday evening to discuss the growing crisis in Ukraine.

not going to allow Russia to repeat the Crimean scenario in Ukraine's east."

Ukrainian special forces exchanged gunfire with a pro-Russian militia in an eastern city Sunday morning, with at least one security officer killed and five others wounded. It was the first reported gun battle in eastern Ukraine, where armed pro-Russian men have seized a number of government buildings in recent days.

Speaking late Sunday on Russian state television, ousted president Viktor Yanukovich accused the CIA of being



Supporters at a pro-Russian rally beat a pro-Western activist in Kharkiv, Ukraine, Sunday. OLGA IVASHCHENKO/THE ASSOCIATED PRESS

behind the new government's decision to turn to force, a claim the CIA denied as "completely false."

Unrest has spread to several municipalities in eastern Ukraine, including the major industrial city of Donetsk,

which has a large Russian-speaking population and was the support base for Yanukovich. THE ASSOCIATED PRESS

## Flight 370

## Black box batteries may have died

Following four strong underwater signals in the past week, all has gone quiet in the hunt for the missing Malaysia Airlines jet, meaning the batteries in the plane's all-important black boxes may finally have died.

Despite having no new transmissions from the black boxes' locator beacons to go on, air and sea crews were continuing their search in the southern Indian Ocean on Sunday for debris and any sounds that may still be emanating.

No new electronic pings have been detected since Tuesday by an Australian ship dragging a U.S. Navy device that listens for flight recorder signals. Once officials are confident that no more sounds will be heard, a robotic submersible will be sent down to slowly scour for wreckage.

THE ASSOCIATED PRESS

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## Taxman back. CRA says it's fixed Heartbleed bug

The federal tax agency says its online services are up and running again after it blocked public access five days ago due to the Heartbleed bug.

The Canada Revenue Agency says the security risk has been addressed, but added it will not apply interest or penalties to individual taxpayers filing their 2013 tax returns after April 30 for a period equal to the length of the service interruption.

Revenue Minister Kerry-Lynne Findlay says that

means 2013 tax returns filed by May 5 will not incur interest or penalties.

Service has also been restored to all publicly accessible Government of Canada websites, the Treasury Board said in a release.

The Heartbleed bug is caused by a flaw in OpenSSL software, which is commonly used on the Internet to provide security and privacy.

The bug has the potential to expose private data.

THE CANADIAN PRESS

### Kansas City

## Three shot dead, 15-year-old boy in critical condition

Three people were shot and killed Sunday afternoon in suburban Kansas City, and a spokeswoman for a local hospital said a 15-year-old boy is in critical condition.

Overland Park city spokesman Sean Reilly said

two people died at the Jewish Community Center of Greater Kansas City campus and one was killed at Village Shalom, which is a retirement community that is several blocks away from the centre.

Overland Park Fire Department spokesman Jason Rhodes said Sunday afternoon that one person of interest is in custody.

THE ASSOCIATED PRESS

# U.S. looking into new Syria toxic gas claims

**Opposition-held village.** Both sides blame each other for alleged attack that reportedly injured scores of people

The U.S. ambassador to the United Nations said Sunday that reports of a poison gas attack Friday in a rural village north of Damascus were so far "unsubstantiated," adding that the United States was trying to establish what really happened.

Opposition groups, including the main Western-backed Syrian National Coalition, said the poison gas attack at Kfar Zeita hurt dozens of people, though it did not identify the gas used. State-run Syrian television blamed members of the al-Qaida-

linked Nusra Front rebel group for the attack, saying they used chlorine gas to kill two people and injured more than 100. It did not say how it confirmed chlorine was used.

An opposition activist said government helicopters dropped a number of barrel bombs on the village that appeared to carry the toxic gas, killing one person and choking about 100 people, many of them in their homes.

In the Syrian capital, President Bashar Assad said the conflict was shifting in the government's favour after a string of government triumphs against rebels. Assad's forces also have struck local ceasefire agreements with the opposition in a number of neighbourhoods, where weary rebels have turned over their weapons in exchange for an easing of suffocating blockades.

THE ASSOCIATED PRESS



Civil defence rescue workers carry the body of a victim of a Syrian government airstrike in Aleppo, Syria. The northern city witnessed intense clashes on Saturday, according to activists. ALEPPO MEDIA CENTER/THE ASSOCIATED PRESS

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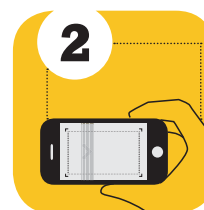
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# Seal hunt starts amid multiple controversies

**East Coast.** The seal hunt industry is challenging a ban on seal products

The annual East Coast seal hunt starts Monday against a backdrop of ongoing trade and court challenges in Europe and renewed claims from animal welfare groups that the 400-year-old industry is dead in the water.

Rebecca Aldworth, executive director of the Canadian wing of Humane Society International, said on Sunday that only 15 boats have signalled their intention to take part in the hunt, which typically focuses on harp seals off the northeast coast of Newfoundland.

With the market for seal products closed in the United States, most of Europe and Russia, the commercial hunt is a shadow of what it once was, largely surviving on sub-



The East Coast seal hunt starts today.  
DAVID HECKER/GETTY IMAGES

sidies from the Newfoundland and Labrador government in the past few years, Aldworth said.

"From a market perspective, the seal hunt is very much over," she said in an interview, adding her group will return to the ice floes to document the slaughter.

However, the federal government has been steadfast in its support of the hunt, insisting it is humane, sustain-

able and an economically viable pursuit.

Fisheries Minister Gail Shea admitted Sunday that those opposed to the hunt have been effective in shutting down international markets.

"They have been spreading misinformation about the Canadian seal hunt and Canadian seal products for as long as I've been in this position," Shea said in an interview from Vancouver. "It's grossly unfair. We've done a lot of work in ensuring that our Canadian seal hunt is humane."

Meanwhile, the industry continues to push ahead with a court case in the European Union aimed at overturning a ban on seal products, and the federal government is appealing a recent World Trade Organization decision to uphold the ban.

The WTO justified the restrictions in November based on "public moral concerns" for animal welfare.

THE CANADIAN PRESS

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# Getting a taste of Tangerine



**HOW TO ROLL**  
Allison Griffiths  
metronews.ca

The words love and bank don't often appear together when we talk about financial institutions. One exception is the late ING Direct because of its un-bank-like plain language, straightforward loan process and higher rates on savings accounts than the Big Five.

ING Direct, purchased in 2012 by Scotiabank, rebranded itself as Tangerine on April 8. Seriously? A fruit for a bank?

The name might not inspire confidence but the bosses of the orange-hued bank assure us that the best of ING Direct is still in place at Tangerine.

For investors, this includes one-stop-shopping portfolios for RRSPs, Tax Free Savings Accounts (TFSA) and non-regis-

## Pick your portfolio

- Balanced income is the most conservative, with 70 per cent in bonds, which are lower risk than stocks, and just 30 per cent divided among Canadian, U.S. and international stocks.
- The least conservative is equity growth, with 25 per cent in bonds, 50 per cent in Canadian stocks and 25 per cent in U.S. and international stocks.

tered accounts. Formerly called Streetwise Portfolios, they offer a simple investment solution in a world filled with thousands of mutual funds.

Happily, Tangerine still offers the same four basic portfolios: balanced income, bal-

anced, balanced growth and equity growth. Pick one and you're done.

The portfolios all contain the same four investments: Canadian bonds, Canadian stocks, U.S. stocks and international stocks. The difference is the proportions.

Each of the four components in the portfolios simply copy or track an index, like the S&P/TSX 60 Index (Canada) or the S&P 500 Index (U.S.). This index investing approach has long been proven to be a superior way to invest.

A big boost to the bottom line is the fees at 1.07 per cent annually for the entire portfolio compared to around 2.25 per cent for Canadian equity mutual funds. You can invest more cheaply, but these portfolios do all the work for you.

Tangerine offers an excellent option for beginners through to seasoned investors.



## A past view of the future

This 1964 photo from the World's Fair in the Queens borough of New York shows a view of the future in the "Futurama 2" ride put together by General Motors. The millions of visitors who attended the New York World's Fair were introduced to a range of technological innovations and predictions. Some of those turned out to be right on the money (such as personal use of the computer), and others, perhaps thankfully, were way off the mark (such as colonies on the moon and under the sea). THE ASSOCIATED PRESS FILE

## APRIL IS CANCER AWARENESS MONTH



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# Kitimat residents vote no

The residents of Kitimat, B.C. have voted against the proposed Northern Gateway pipeline project in a non-binding plebiscite.

The ballot count from Saturday's vote was 1,793 opposed versus 1,278 who supported the multibillion-dollar project — a margin of 58.4 per cent to 41.6 per cent.

The results from two polling stations and an advance vote all showed a clear majority for the no side.

The \$6.5-billion project would see two pipelines, one carrying oilsands' bitumen



A member of the Haisla First Nation drums at a celebration following the announcement of the ballot count. ROBIN ROWLAND/THE CANADIAN PRESS

from Alberta to Kitimat's port, and a second carrying condensate — a form of natural gas

used to dilute the bitumen — from Kitimat back to Alberta. THE CANADIAN PRESS

## Notice of Hearing for Permanent Guardianship Order To Janeta Ear

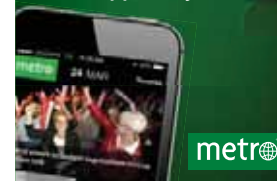
Take notice that on the 5th day of May 2014 at 9:30 a.m., at Calgary Family Court, Courtroom #1208, 601 - 5th Street SW, Calgary, Alberta, a Trial will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order**; of your child born on **November 20, 2013**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink  
Calgary and Area Child and Family Services Authority  
Phone: (403) 297-2978

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# CBC BLOODLETTERING BAD FOR US

Five years ago, a group of Calgarians rallied in front of CBC Calgary on Memorial Drive in support of the public broadcaster.

The CBC had just announced that it was cutting 800 jobs. My daughter was a few months old at the time, and at the rally my wife and I adorned her with a sign that said "FUTURE CBC LISTENER."

In retrospect, that seems almost naïve. After yet another round of CBC cuts announced this month — 657 jobs this time — I find myself hoping she still has a CBC to listen to when she's all grown up.

It's not a given.

The CBC is being killed off, blow by blow. And this time, there doesn't appear to be any spirited rallies to speak of, here or anywhere else. There seems to be a sense of resignation rather than protest.

As one local CBC supporter put it, it's group-hug time.

It's also hand-wringing time. It always is with the CBC.



URBAN COMPASS

**Jeremy Klaszus**

calgary@metronews.ca

People inside and outside the broadcaster are forever speculating about what exactly the CBC should be and which direction it should go.

It's a necessary conversation, but the discussion always seems to drift toward CBC-TV rather than CBC Radio.

To me, radio and online is where CBC best fulfils its mandate of "a wide range of programming that informs, enlightens and entertains."

In Calgary, as in other urban markets across the country, CBC Radio illustrates how the CBC can both fulfil its mandate and remain relevant.

The Calgary Eyeopener on CBC Radio across the country, CBC Radio illustrates how the CBC can both fulfil its mandate and remain relevant.

One, for example, has consistently topped the rankings for morning shows in Calgary.

And the folks at our local CBC plant pull this off without attention-seeking gimmicks.

Instead, they connect us with the life of our city by focusing on local stories, news and perspectives.

For many of us, CBC Radio is our first connection to the city every day, and our companion on the commute home. A range of local voices are given airplay. Like thousands of other Calgarians, I agree with these voices and disagree with them. I cheer them on. I yell at them.

Without the CBC, would we be as engaged with these voices, and as informed on local issues? Probably not.

In the wake of the latest cuts, many have pointed out how CBC Radio is a vital source of information for Canadians living in rural areas. This is true.

But the CBC also plays a vital role in cities, and with a diminished CBC, that role is under threat — even if the effects of recent job losses are not immediately noticeable in Calgary and elsewhere.

So if you value the CBC and want to see it stick around, speak out on its behalf.

Just as our nation benefits from a strong CBC, our city benefits too.

## WE ACT: CANADA DOES GOOD

Ottawa youth worker creates 'ultimate' camp for neighbourhood youth

**Who:** Fahd Alhatab, 20, youth mentor, from Ottawa

**What:** Co-founded the York Street Ultimate March Break Camp, a one-week experience offered free to children from low-income communities.

**Why:** To pay forward the mentorship and support he received while growing up by mentoring youth in his community.

Arriving in Canada from his native Kuwait in 1998, Fahd Alhatab grew up in a low-income Ottawa neighbourhood and turned to his role models at the Boys and Girls Club for hope and inspiration. In 2011, he teamed up with friend Muhammad Zaman to give back to their community by starting a camp for local youth. This year, the pair raised \$14,000 to welcome 60 kids for a week of fun — from science workshops to a field trip to a reptile zoo!

**What motivated you and**



**Muhammad to launch the March break camp in your community?**

"We loved our school and the neighbourhood, but as we grew up and started volunteering, we recognized how difficult that neighbourhood is for the current youth population. So we decided to start a March break camp for these kids. We assembled a team of friends and colleagues and started planning. It's a little baby of ours, something we're really proud of. It takes work but it's worth it at the end of

every year."

**How do you feel when you see youth participating in your camp experience?** "It feels good, it feels warm! For those of us that can be leaders, it's a responsibility. I'm able to fulfill my responsibility to these kids because someone helped my family get out of the socio-economic distress in that neighbourhood. I owe it to the people who helped me and I owe it to the kids that are here." **CRAIG AND MARC KIELBURGER**



**@phil\_cpa:** O come on. I lived through it with cable tv, a desk top 'puter with games. Try going back to 1867!

**@Zaedum:** 1985. Hair metal needs to come back.

**@StoriesFrom17th:** 1997. Name one thing that happened in 97. Exactly.

Twitter

**@metropicks asked:** A family from Ontario has lived the past year like it was 1986. What year would you go back to?

**@dasPongo:** I would pick 2015. I am from the future ya know.

**@Russell\_Barth:** 1935, when #Marijuana was still legal.

**Follow @metropicks and take part in our daily poll.**

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MetroTube

### Wall Dogs of New York



**ANDREW FIFIELD**  
metronews.ca

**Vocativ spent a day with what they describe as the true mad men (and women) of New York City advertising: the Wall Dogs, intrepid souls who dangle from the sides of the city's buildings to create hand-drawn murals plugging any number of goods and services.**

**It's a crazy way to make a living at the best of times. But when you factor in all that time spent labouring under polar vortexes and whatnot, what we're getting is a portrait of some deeply talented artists working in conditions that would make most of our knees tremble.**



YOUTUBE SCREENGRAB



# 2 SCENE

## Ebooks



### Every Object Has A Story

By: The Royal Ontario Museum

## iBooks



**MIND THE APP**  
Kris Abel  
@RealKrisAbel  
scene@metronews.ca

Here we have 21 museum artifacts artistically interpreted through creative photography and an anthology of short stories by notable authors including Charlotte Gray, Wayson Choy, and Robert Bateman. Although entertaining, somehow the objects themselves have become obscured by the process and it's hard to know what you're looking at. What's missing is the interactive intimacy that an ebook should deliver.

## Box office

### Captain America beats back Rio 2

With \$41.4 million in its second week of release, Captain America: The Winter Soldier held off Rio 2 at the weekend box office. According to studio estimates Sunday, the Marvel superhero narrowly bested the animated family film. Rio 2 debuted with \$39 million, **THE ASSOCIATED PRESS**

# Relationships can be bloody difficult

**Only Lovers Left Alive.** Tom Hiddleston talks about starring in a post-Twilight saga vampire love story



**NED EHRBAR**  
Metro World News in Hollywood

With *Only Lovers Left Alive*, British actor Tom Hiddleston teams up with Tilda Swinton and director Jim Jarmusch to wrestle the vampire genre back from the Twilight crowd, with Hiddleston and Swinton starring as two moody, music-obsessed bloodsuckers who can't live without each other.

### Was there any hesitation about stepping into the vampire world?

Absolutely none. It was amazing. I met Jim Jarmusch in November 2011, and I'd just finished shooting *Avengers*, and I was in New York for *War Horse*, which was just opening, and I was about to shoot the Shakespeare plays for PBS. So there (were) superheroes and soldiers and Shakespeare, and I met Jim and he said, "I'm going to make a film about love, and it's about two very delicate, sophisticated creatures who love music and poetry and nature. He's a kind of rock star musician who's also a kind of scientist and physicist, and she's a poet. Oh, and by the way, they're vampires (laughs)."



*Only Lovers Left Alive* opens on April 25. CONTRIBUTED

The vampire theme was really a framing for Jim to attempt a narrative about this theme of love, acceptance, time, creativity and mortality.

### When you first watched the film with an audience, were you surprised people found it so funny?

It was really pleasing, actually, because we wanted there to be levity and lightness in it, and humour, but not in a way that seemed to be overreaching. We didn't want to seem like we were pandering to the audience in bad taste, which would

## Swinton or Hemsworth?

We asked Hiddleston if he had to choose between looking at Tilda Swinton or Chris Hemsworth all day, who would he choose. "The dance is different, but I love dancing with both of them," he said laughing.

dilute the integrity of the attempt. And the attempt was really to make something very delicate and sophisticated and refined about love and acceptance and time and art and music

and poetry. These are big themes, and we didn't want to seem heavy-handed. Jim wanted to be very light on his feet. So hearing the laughter is thrilling, truly, because when you're delivering deadpan stuff about the literature of the world, you want people to get it.

### I loved that John Hurt plays Christopher Marlowe.

Yeah, it's a lovely joke that Christopher Marlowe is still alive and well, living in Tangier with a portrait of Shakespeare on his wall with a knife through (his) head.

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Robert Pattinson and Kristen Stewart

## Are RPatz and KStew eternal partners?

While fans were shocked to learn of Kristen Stewart's 2012 affair with director Rupert Sanders, then-boyfriend Robert Pattinson probably wasn't that surprised, according to Radar Online. "When they were officially dating, they always had a policy of 100 per cent honesty, which did create issues. Robert was always very frank about his flings with other women, and that worked for Kristen, too," a source says. "They had an open relationship, and it's amazing that Kristen didn't reveal this info when she was being painted as a 'Jezebel.' Rob has had other women on

the side and Kristen has had other women and men as well. Their relationship was always a business and a spiritual partnership more than a romantic one." And, the source adds, the couple's breakup was equally as matter-of-fact: "They were pretty upfront with each other when they got sick and tired of each other. It was the strangest relationship, but keeping each other at arm's length is working in their favour," the source explains. "Kristen and Rob are still close and definitely in contact, and they still sleep together when the opportunity comes up."

### Twitter



@Joan\_Rivers

I've had a rough couple of months. I need to pamper myself. I'm going to the Hermes store for some retail therapy.



@KellyOsbourne

@ParisHilton please grow up there is no need to act like a child you could of happily joined us! it's not 2005 no one cares!



@tonyhawk

My 5-year-old daughter: "Why do they call it boxing when they don't throw boxes at each other?"

### The Word

## Who will take up the truthiness torch?

MELINDA TAUB

Metro World News in New York

"I gotta tell you, I do not envy whoever they try to put in that chair. Folks, those are some huge shoes to fill and some really big pants," Stephen Colbert said last night of David Letterman's retirement. He was, as is his wont, joking, of course; Colbert himself will inherit The Late Show from Letterman in 2015, becoming its second-ever host. But his quip raises a question: Who will replace Colbert, now that



The Colbert Report is ending?

Comedy Central hasn't made any announcements — understandable, since the gap in their schedule is still almost a year away. But all these late-night musical chairs have whetted my appetite for more speculation. Here are a few

worthy replacements for that plum 11:30 p.m. slot.

**Samantha Bee:** The Colbert Report was a rousing success for almost 10 years. Since spinning off a performer from The Daily Show worked once, why not try it again? Bee is hilarious and she's been on The Daily Show forever. She and her husband, fellow correspondent Jason Jones, could do a his-and-hers talk show.

**Craig Ferguson:** Since Ferguson was passed over for the Late Show throne in favour of Colbert, speculation is rampant that he'll depart CBS when his contract is up next year. Maybe he and Colbert can play musical talk shows and Ferguson can slide into Colbert's old slot. A smaller cable audience

might be a better fit for him anyway: He's always had a weird take on the hosting gig. His sidekick is a skeleton.

**Chris Gethard:** The Chris Gethard Show is a cult favourite public access show that recently taped a pilot for Comedy Central. The strange, go-for-broke show features live calls from fans, a cast of recurring characters like The Human Fish and, occasionally, peril for the host, who's prone to do things like sit in a vat of ice cream for hours and get freezer burn on his skin. The new hole in Comedy Central's schedule hasn't escaped the show's dedicated fans: #GethardAfterDailyShow is already making the rounds on social media.

## Debbie Rowe seeking custody of Jackson kids



Michael Jackson's ex-wife Debbie Rowe is reportedly seeking custody of two of the late singer's kids because their current co-guardians are "ineffective," according to TMZ. Rowe, who is the biological mother of 17-year-old Prince and 16-year-old Paris, thinks the Jackson family compound isn't a suitable environment for the teens because of the bad influence family members like Jermaine Jackson provide. While Rowe is reportedly seeking to move the two to her Palmdale, Calif., ranch, she is not seeking any remuneration.

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Gail blogs daily at  
gailvazoxlade.com

Before children can learn to manage money well, they first need to be able to get their sticky little fingers on the stuff. Most people have no problem with that concept. But when it comes to what you should require of your children in exchange for that allowance, the debate rages. Some people feel an allowance should have no strings attached. Others think it should be tied to chores in the home, school grades or behaviour: "If you don't smarten up, I'll cut off your allowance!"

Just as the allowance debate is strongly pro and con on the idea of attaching strings, so too is the debate about whether or not kids should work for their money. Some parents feel that school is a child's job, and any other work detracts from potential success at school. Others think that a part-time job is perfectly fine, while still others believe that a part-time job is essential because it begins the development of a good work ethic.

From early on, children receive mixed messages about money. At home they hear one thing, at school and among their peers, another. Mom does it one way; Dad is the complete opposite. What is consistent is that nobody seems able to agree on the money rules. And often those



Allowances provide lessons kids can take to the piggy bank. ISTOCK

mixed messages stay with kids long after your parental influence has passed.

I'm of the school that believes that allowances should come strings-free and that it's perfectly fine for children to get a part-time job to supplement their allowance — not to replace it — when they get older.

Think about why you're giving your kid an allowance. The objective should be to teach him money-management skills. The fact that you work hard for your money will be brought home when your child learns relative value — how many hours he has to work to afford that pair of running shoes.

Money doesn't work as a reward for good behaviour. Just ask any of the management theorists who have proven that money is not a motivator for adults. So why

## Let the steady flow of funds begin

To learn how to manage money responsibly, children need a steady flow of funds they can rely on.

(both short- and long-term) and how to save to satisfy a goal.

- The experience of handling a weekly allowance will teach many fundamental skills, including how to manage a cash flow, how to plan ahead, the skill of setting goals

- With your guidance, this cash flow can also be used to teach important lessons in borrowing and lending, the pleasure derived from sharing, and how to be a good consumer.

should it be for children? Good behaviour is based on an understanding of right and wrong, thoughtfulness, caring and consideration, along with myriad other positive attributes, all of which have to be internalized.

Good grades are your child's responsibility. School is his primary job and good

grades are an indication that he is doing his job well. If you provide financial reward for good grades, you are externalizing the reward. Instead, the reward should be internalized: The self-esteem and pride that accompanies having done well.

As for an allowance being payment for chores, who pays

you to do the chores in your home? Chores are a part of each individual's responsibility to the family. Payment for regular chores negates a child's individual responsibility as a member of the family unit. (Payment for extra household tasks — those above and beyond a child's normal chores — is fine when they are specifically doing the task to earn some money.)

The biggest problem in tying your child's allowance to the completion of her chores comes on the day when you must withdraw the allowance. Now you're teaching your child, "I have the money and you'll have to do as I say to get some of it!" That's a straight-out power play. "I have the money, so I have the power." A far better tack for children who don't follow through on household responsibilities is to do a like-for-like comparison. "Darling daughter, if you don't make your bed, I'm going to have to. And I only have time to do one thing, make your bed or make your lunch. Which one do you want to do?"

Whatever your own experiences with money as a child, try to put them aside as you begin to teach your children how money works and the role it should play in their lives. To ensure money is not imbued with meanings it should have, don't tie things like self-esteem, power or love to money. Stay balanced when you talk about it. And, above all, figure out what message you want your children to get from your money lessons. For, like it or not, they are learning from you. What lesson would you like your child to learn today?

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# Turning co-workers into a community



Try reading up on the news before work, so you can contribute interesting nuggets that people find informative and that generate conversation. ISTOCK

If you have a full-time job, chances are the office is your primary home. Try to fight the idea as much as you want, but in the end, it's the cold, hard truth.

"When you think of the amount of time an individual spends at work, it's more time than they spend with their family," says Gerlinde Herrmann, president of The Herrmann Group, an HR consulting firm.

That's why it's so important to develop a sense of community at work. Walking into

a warm, pleasant environment each day can have a profound impact on your well-being. And guess what — the power to improve this community spirit lies squarely in your hands. Here are three steps you can take to build fellowship at work.

## Conversations

The first key to building community spirit is conversation. This means being in a workplace where people actually talk to each other. Focus on common interests that your co-workers may share, such as

current events.

## Office get-togethers

An office outing is the next step in uniting your colleagues. Don't be afraid to venture from the traditional company dinner.

## Rearranging the office space

Rearranging the office to foster community spirit can range from removing high walls from cubicles, creating collaboration rooms, and making a centralized water cooler.

DAVID SINGH/FOR METRO



# The heroes of Pixar aren't all animated

**One colourful career.**  
Ed Catmull's recipe for success will sound familiar to Pixar fans

JANE  
BORDEN  
Metro World News

## The Man

Pixar's story is a little like those in its films: Some kids with moxie who did things differently took a risk and won over the world. And, just like in a fairy tale, Pixar's story has a hero.

The current president of both Walt Disney Animation Studios and Pixar Animation Studios, Ed Catmull, came to movies by way of science.

He garnered degrees in physics and computer science from the University of Utah. And his groundbreaking work in computer animation, while there, attracted the attention of the New York Institute of Technology, which hired him to lead its new Computer Graphics Lab in 1974.

From there, in 1979, George Lucas brought in Catmull to lead Lucasfilm's computer graphics division, which, in 1986, was purchased by Steve Jobs and renamed Pixar. The rest, as they

say, is history. But it might not have been, if not for Catmull and his cofounders' forward-thinking managerial style and approaches toward growing a business.

## The Message

With the help of journalist Amy Wallace, Catmull has distilled his working ethos into an engaging book, *Creativity, Inc.*, which was published by Random House on April 8, that is part memoir, part storytelling, and part business guide.

Pixar fans will enjoy behind-the-scenes stories and trivia (*Monsters, Inc.* was originally about a grown man dealing with frightening creatures no one else can see); business leaders will glean not just information but motivation, too (see sidebar).

Catmull's secret to success seems to be an unwavering dedication to looking for unknowns and dealing with what he finds.

He focuses on preparing himself and his team to deal with unseen challenges when they're found, rather than trying to prevent them, or worse, pretend they aren't there.

Being unafraid of challenges and working co-operatively first and foremost are things that Catmull believes will make businesses better.

## Catmull's career tips

- "If there are people in your organization who feel they are not free to suggest ideas, you lose. Do not discount ideas from unexpected sources."
- "There are many valid reasons why people aren't candid with one another in a work environment. Your job is to search for those reasons and then address them."
- "Do not fall for the illusion that by preventing errors, you won't have errors to fix. The truth is, the cost of preventing errors is often far greater than the cost of fixing them."
- "Change and uncertainty are part of life. Our job is not to resist them but to build the capability to recover when unexpected events occur."
- "Similarly, it is not the manager's job to prevent risks. It is the manager's job to make it safe to take them."



Each of Pixar's 14 computer-animated films, created with Ed Catmull at the helm, has opened at number one. Together they've grossed \$8.5 billion worldwide. GETTY IMAGES

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## 'Round the world wisdom

*I've gotten up  
and I can't get  
back down!*

LESSONS FROM  
THE DESERT  
Stéfán Danis  
life@metronews.ca

**The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.**

Training for the Gobi, I needed to find ways to spend more time on my legs to replicate an average day in the desert. Once in the desert, I would be running for five to eight hours in soft sand each day, as opposed to three to five hours on pavement.

**Get up, stand up**

**My energy level increased and consequently so did the intentionality and quality of my conversations.**

The first steps were simple. I sold my vehicle and stopped taking elevators. And then the big idea came: work standing up. Over the course of a month, I transitioned 20 years of sitting habits into a new routine of working while standing. Here's why and how it can benefit you, too.

Standing eight or more hours a day strengthened my legs and back for the race, and for other activities. And then the following unexpectedly occurred:

1) Standing and walking while at the office helped me lose 30 pounds in three months, "free burning" up to 25 per cent more calories per day (free because it doesn't feel like exercise).

2) Having an open-door policy, more than 30 unplanned meetings occur in my office daily. Without a chair to sit on, these now "stand-up meetings" became very expedient: Everyone got to the point faster, giving me newfound time to focus on other priorities.

3) Live or on the phone with a headset, moving around allowed me to engage my arms and body in my conversations. My energy level increased and consequently so did the intentionality and quality of my conversations.

Some of life's gifts come from being forced to change ingrained habits. Being overburdened like most of you meant I needed to go about my training more creatively. As a result, my training's most precious gift is that I haven't sat since. Walking is a perfect way towards a healthy lifestyle — try it for yourself and let me know how it goes.

STÉFÁN DANIS IS THE CEO OF  
NEXCAREER AND MANDRAKE, AND  
THE AUTHOR OF GOBI RUNNER



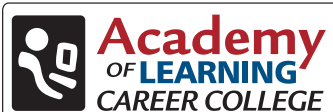
Start from the feet up and fitness is sure to follow. ISTOCK

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# A Google search that starts with happy staffers

## Corporation studies how people work.

Employees complete thorough survey every year, as leaders hope to discover the key to company success

Google is hoping a century-long study will help unlock the key to happier, healthier and high-performing workers — and researchers say it's something all businesses could easily mimic and benefit from.

Google's been collecting the "gDNA" for two years now, wrote Laszlo Bock, senior vice president of people operations, in a blog explaining the study for the Harvard Business Review.

More than 4,000 employees complete two anonymous, in-depth surveys per year, answering questions about work attitudes, culture, relationships and more.

Employees can opt out at any time and are encouraged to continue to fill out the surveys, should they wish, if they leave the company.

The focus is on the science behind how people work, Bock wrote, inspired by the Framingham Heart Study, which has been ongoing since 1948, providing a wealth of data and insight about heart disease.

The goal is to then take the science and make work

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## Labour of love

"Work doesn't have to suck. What can we learn about how to match people with jobs and teams ... that can help people find satisfaction in the work that they do and the hours they spend in the office?"

Jennifer Kurkoski  
Google research scientist

lot," Kelloway said, since past studies — while highlighting the importance of work-life balance — have been smaller in comparison, like "a snapshot."

"The Google study ... if they can sustain participation in it, is more like a movie," he said.

Getting businesses and people to understand the harm in working even when you're not up for it "is absolutely critical to people's health and engagement," said Laura Hambley, a Calgary-based industrial/organizational psychologist.

"People kind of live in the here and now, they're living with their own deadlines and anxieties and they're not really thinking of what are the longer-term repercussions of working 60 hours a week," Hambley said.

"Any time you can get longitudinal data and track the changes over time and especially the results ... that's where you'll see a lot of impact."

It's also something almost every business across Canada could do with little effort, Kelloway said.

"They all do employee engagement surveys," he said. "The only thing that Google's doing different really is tracking it across time."

TORSTAR NEWS SERVICE

## Desk discoveries

Two years in, Google has been able to differentiate between two types of employees: segmentors and integrators.

- Segmentors, which make up 31 per cent of surveyed employees, are able to distinguish between work-related stress and the rest of their lives, Bock wrote.
- The other 69 per cent are integrators, he explained, and struggle to separate home and work, finding themselves not only checking their email after work, "but pressing refresh on Gmail again and again to see if new work has

come in."

- That in itself is not revolutionary, Kelloway said, since previous studies about work and family have shown men tend to fall in the segmentor category, while women are more integrators.
- But by tracking for longer, Kelloway said Google will be able to see if people shift from their categories overtime: "is that a situational thing? Is that something being foisted on people or is that who they actually are?"

better, Jennifer Kurkoski, a Google research scientist and member of Bock's

team, told the Star. "Work is an activity that occupies a large por-

tion of our waking hours," Kurkoski said. "How can we make this an amazing ex-

perience for as many people as possible? Work doesn't have to suck. What can we learn about how to match people with jobs and teams ... that can help people find satisfaction in the work that they do and the hours they spend in the office?"

Kevin Kelloway, a Canada research chair in occupational health psychology, said studies like this are necessary, even though the time frame is "a little ambitious."

"Frankly, even if they can carry that out for four or five years, we'll learn a

# Sweet, simple maple and pecan tilapia will make for a delightful Passover dish



**ROSE REISMAN**  
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rosereisman.com or  
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For Passover, this is a perfect entrée whereby all the ingredients are kosher for the holiday. Keep in mind the only nuts not allowed are peanuts and sesame seeds. The pecans, honey and maple syrup simmer together until the sauce becomes syrupy and thick.

Immediately pour half the sauce over the fish while it's still warm.

To prevent the sauce from sticking, use parchment paper on your baking sheet. If the sauce becomes too thick to pour, gently reheat. Tilapia is one of the leanest fish with only 129



This recipe serves four. ROSE REISMAN

## Ingredients

- 3 tbsp finely chopped pecans
- 3 tbsp liquid honey
- 2 tbsp maple syrup
- 2 tsp butter or margarine
- Four - 6 oz portions tilapia (1 ½ lbs)
- Garnish:  
3 tbsp fresh parsley

## Restrictions

The following recipes may not meet all Jewish dietary restrictions.

## FLASH FOOD



From your fridge  
to your table in  
30 minutes or less

calories and 2 ½ grams of fat for 3 oz.

Pecans contain vitamin E, which is a natural antioxidant that helps protect against cell damage and fights Alzheimer's, Parkinson's, cancer and heart disease. They are also a natur-

ally good source of protein.

You can always use a food thermometer when cooking fish. Place the prong into the thickest part of the fish, and when the temperature reaches 125°F the fish is medium-cooked. The fish continues cooking for at least 5 minutes after this time, so you don't want to overcook the fish or it will be dry.

## Directions

1. Heat the oven to 425°F. Spray a nonstick baking pan

with cooking oil or line with parchment paper.

2. Place the pecans in a small, nonstick frying pan and toast over medium-high heat for 3 minutes or until golden and fragrant. Stir in the honey, maple syrup and butter. Reduce the heat to low and cook for 3 minutes or until slightly thickened. Pour half the sauce over the tilapia on the baking pan.

3. Bake the tilapia, cooking for 10 minutes per inch thickness of the fish or until the fish

flakes easily when pierced with a fork.

4. Reheat the remaining sauce

and serve with the fish. Garnish with parsley.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

## Nutritional Information

### Per Serving

- Calories. 265
- Fibre. 0.6 g
- Protein. 41.2 g

- Total fat. 2.7 g
- Saturated fat. 1.2 g
- Cholesterol. 92 mg
- Sodium. 111 mg

# This chocolate layer cake is a real treat

Passover desserts are usually terribly high in fat and calories, due to the excessive use of eggs, oil and nuts. Not this one! I adore this cake all year round, but it's a special treat at Passover, with its fluffy and creamy meringue topping.

Don't confuse matzo cake meal with matzo meal. Cake meal is finer and produces a

more tender cake. The light and fluffy meringue topping is delicious on other cakes, too.

Cocoa is chocolate without the cocoa butter, which contains the fat and cholesterol.

One ounce of chocolate has 9 g of fat. One ounce of cocoa has 3 g.

1. Cake: Preheat oven to 350°F. Spray two 8-inch round cake pans with vegetable spray.

2. In bowl, using a whisk or electric mixer, beat egg yolks, 2/3 cup sugar, and oil. With wooden spoon, stir in yogurt, cocoa, cake meal, and potato starch until combined.

3. In another bowl, beat 4 egg whites until foamy. Gradually add 1/3 cup sugar, beating until stiff peaks form. Stir one quarter of egg whites into batter. Gently fold in remaining egg whites just until blended. Divide batter between prepared cake pans.

4. Bake in the centre of oven 15 - 20 minutes or until tester inserted in the centre comes out clean. Let the pans cool on a wire rack.

5. Make icing: In top of double boiler over simmering water, combine 3 egg whites, 3/4 cup sugar, and water. With electric mixer, beat for 8 minutes or until mixture is thickened and soft peaks form. Remove the



Makes 12 servings. ROSE REISMAN

pan from heat; beat for 1 to 2 minutes or until stiff peaks form.

6. Place one cake layer on cake platter. Spread some icing over top. Place second cake layer on top of the first. Ice the top and sides.

7. Garnish: Melt chocolate and oil in microwave 30 seconds on medium-high, or just until chocolate begins to melt. Whisk until smooth, drizzle over top of cake.

DIVINE INDULGENCES (PRENTICE HALL CANADA) BY: ROSE REISMAN

## Ingredients

### Cake:

- 2 large egg yolks
- 2/3 cup granulated sugar
- 1/3 cup vegetable oil
- 2/3 cup low-fat yogurt
- 1/3 cup unsweetened cocoa powder

- 1/3 cup matzo cake meal
- 2 tbsp potato starch
- 4 large egg whites
- 1/3 cup granulated sugar

### Icing:

- 3 large egg whites

- 3/4 cup granulated sugar
- 1/4 cup water

### Garnish

- 1 oz semi sweet chocolate chips
- 1 tsp vegetable oil



**Bye-bye, Brodeur?**

## Devils goalie emotional after season-ending win

Standing on the podium after what might have been the final game of his record-setting 20-year career with the New Jersey Devils, Martin Brodeur's eyes welled with tears when he was asked to describe his emotions.

Just 15 minutes earlier, after making 16 saves in a season-ending 3-2 win over Boston on Sunday, the soon-to-be 42-year-old goalie stood at centre ice and gave a stick salute to the crowd as his teammates stood in front of the bench and tapped their sticks to honour him.

As he was interviewed the sellout crowd chanted: "Thank you, Marty! Thank you, Marty!"

THE ASSOCIATED PRESS

**Bolts blank Caps**

## Lightning host Habs to begin post-season

The Tampa Bay Lightning wrapped up home-ice advantage for their first-round playoff series against the Montreal Canadiens by edging the Washington Capitals 1-0 in a shootout in the regular-season finale on Sunday.

Matthew Carle scored the only goal in the tie-breaker.

The victory clinched second place in the Atlantic Division for Tampa Bay, which finished with 101 points, one more than Montreal.

THE ASSOCIATED PRESS

# Flames stomped by Canucks in fitting finale

**NHL.** Vancouver's Daniel Sedin injured as both teams reflect on disappointing seasons

Daniel Sedin scored twice before leaving on a stretcher after taking a hit from behind as the Vancouver Canucks concluded what has been a disastrous season with a 5-1 victory over the Calgary Flames on Sunday.

Frank Corrado, with his first in the NHL, Ryan Kesler and Yannick Weber also scored for Vancouver (36-35-11), while Jacob Markstrom made 21 saves for his first victory with the Canucks.

The result of a game that meant very little was overshadowed by a nasty incident late in the second period when Daniel Sedin was checked in the numbers by Calgary's Paul Byron and stayed down before being stretchered off.

Sedin appeared to be moving his fingers, but there was no immediate update on his status. Byron was assessed a

On Thursday

5

Canucks

1

Flames

five-minute penalty for board and a game misconduct.

The team said Sedin was taken in stable condition to hospital to undergo further evaluation.

Johnny Gaudreau scored in his first NHL game and Karri Ramo stopped 18 shots for Calgary (35-40-7) as the Flames wrapped up a 2013-14 campaign that saw the team miss the post-season for the fifth straight spring.

The summer should be interesting for both Calgary and Vancouver. The Flames need a new general manager after firing Jay Feaster in December, while the Canucks are also on the lookout for a new GM following Mike Gillis' dismissal last week. THE CANADIAN PRESS



Tom Sestito of the Canucks tries to redirect a shot on Karri Ramo during the second period on Sunday in Vancouver. RICH LAM/GETTY IMAGES



Kaillie Humphries poses with a UFC championship belt in Quebec City on Sunday. THE CANADIAN PRESS

## Humphries goes to fight school

Used to battling tight corners at speeds well in excess of 100 km/h, Olympic bobsled champion Kaillie Humphries tried her hand at handling a pair of top UFC fighters Sunday.

Welterweight Rory (Ares) MacDonald and middleweight Francis Carmont were on their best behaviour, serving as benign training partners as top coach Firas Zahabi gave

Humphries an introduction to mixed martial arts paces before a small crowd at a Quebec City mall.

It was all part of the UFC Experience, a public workout ahead of Wednesday's Ultimate Fighter Nations Finale UFC card.

Under the tutelage of Zahabi, Humphries worked on a double-leg takedown, arm-

bar and kimura submissions as well as punching and kicking. At the end of the session, he had her put all the moves together in taking the pro fighters to the ground and then going after a submission.

The 28-year-old from Calgary clearly enjoyed the lesson, throwing a leg over the six-foot-three Carmont in a bid to submit him. THE CANADIAN PRESS

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# Bubba bursts rookies' bubbles



Adam Scott presents Bubba Watson with the green jacket after Watson won the 2014 Masters Tournament by a three-stroke margin at Augusta National Golf Club on Sunday in Augusta, Ga. It was Watson's second time winning the Masters after earning his first green jacket two years ago. Scan the above image with the Metro News app to see how he celebrated this time around. ANDREW REDINGTON/GETTY IMAGES

## The Masters. Watson hits off first-time Augusta competitors Spieth, Blixt for his second green jacket

Bubba Watson's second Masters title was nothing like the green jacket he won two years ago.

The only daring shot Watson hit was one he really didn't need. The wild swing in momentum came on the front nine, not the back nine of Augusta National. And the sweetest difference of all Sunday was seeing his two-year-old son walk toward him on the edge of the 18th green after his three-shot victory over Jordan Spieth.

Watson turned in another masterpiece and joined an elusive group as the 17th player to win the Masters more than once.

He turned a two-shot deficit into a two-shot lead on the final two holes of the front nine,

then kept Spieth, 20, and everyone else at safe distance the rest of the way. Watson closed with a 3-under 69 to beat a pair of Masters rookies in Spieth and Jonas Blixt of Sweden.

Two years ago, when he hit that wild hook out of the trees on the 10th hole to win in a playoff, his wife and newly adopted son were watching at home in Florida. This time, young Caleb was decked out in a green-and-white striped Masters shirt and green tennis shoes as he waddled over to his father.

"This one's a lot different," Watson said. "The first one, for me, it was almost like I lucked into it."

After high-fiving the crowd on his way to sign his card, Watson returned to Butler Cabin to take back that green jacket he slipped on Adam Scott a year ago.

"After giving it away last year, I wanted it back," Watson said. "I told Adam we could just swap it back and forth every year."

Spieth, trying to become the youngest Masters champion,

could only watch from the side of the green.

He dazzled the massive crowd early by holing out for birdie from the front bunker on No. 4, and making back-to-back birdies to build a two-shot lead through seven holes. Bidding to become the first player in 35 years to win a green jacket in his first try, Spieth looked to be well on his way.

But he three-putted for bogey on No. 8 — his first 6 on his card all week — as Watson got up-and-down for birdie to tie for the lead.

Spieth closed with six pars for a 72 and tied for second with Blixt, who never went away but never really threatened. Blixt shot a 71.

THE ASSOCIATED PRESS

### Multi-time champ

# 17

By winning the Masters on Sunday, Bubba Watson became the 17th player to have more than one win at Augusta under his belt.

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## Horoscopes

### Aries

March 21 - April 20

You may not be in control of what happens today but you can control the way you react to it. The more colleagues and loved ones mess you around the more you must strive to not let it get to you.

### Taurus

April 21 - May 21

You may have your suspicions about someone but the planets warn this is probably not the right time to go public with them. You should keep your thoughts to yourself, at least for the time being.

### Gemini

May 22 - June 21

Be careful with your cash because wealth planet Pluto begins one of its retrograde phases today. What does that mean in plain language? It means you could easily make a costly mistake.

### Cancer

June 22 - July 23

Do as you please over the next 24 hours and don't worry too much about the consequences. A day or two from now everyone will be on your side again, so why worry?

### Leo

July 24 - Aug. 23

Don't try too hard to stay on top of your workload today. The deadlines you have set yourself are unnecessary — no one will think less of you if you fail to meet them.

### Virgo

Aug. 24 - Sept. 23

The message of the stars this week is you must not start anything you may not be able to finish. Don't make promises you may not be able to keep. If you don't aim so high you'll look good when you do more.

### Libra

Sept. 24 - Oct. 23

Disruption of one sort or another is inevitable today. Whatever happens, keep telling yourself it's not as bad as it seems and promise yourself that you will keep your emotions in check.

### Scorpio

Oct. 24 - Nov. 22

This is not a good time to make hasty decisions, not with Pluto, your ruler, beginning one of its retrograde phases. What seems like a good idea today may turn out to be the one thing you should have avoided, so take care.

### Sagittarius

Nov. 23 - Dec. 21

There will be times over the next few days when you seem out of your depth but that is not an excuse to give up. If you do you will likely regret it as the planets bring new self-belief and new opportunities.

### Capricorn

Dec. 22 - Jan. 20

Pluto, planet of power, turns retrograde in your sign today, which among other things suggests that your grip on certain situations may not be as strong as you thought.

### Aquarius

Jan. 21 - Feb. 19

Be careful what you decide today because once you have made up your mind about something the planets won't let you change back again.

### Pisces

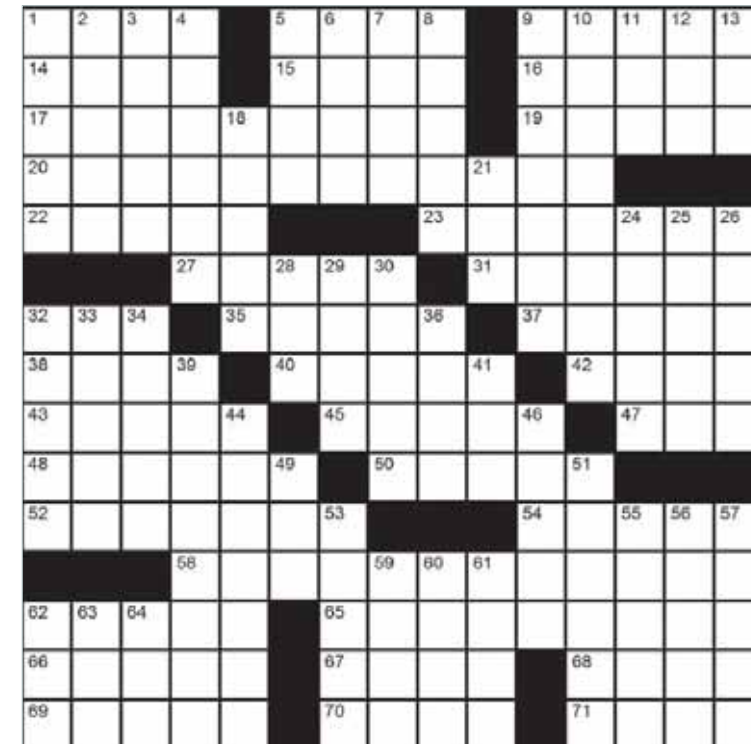
Feb. 20 - March 20

No matter how self-reliant a Pisces you may be you must make an effort to work hand-in-hand with other people over the next few days. You will create a lot of useful goodwill. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

- Greatest extent
- Things saved for tax purposes, for short
- Composed
- Lab gel
- Zest
- Board, like Paul Simon's bus rider Gus: 2 wds.
- Vancouver-born star of the 1976 to 1983 series at #39-Down: 2 wds.
- "Melrose Place" star Rob
- The \_\_\_\_ (Novel by Carol Shields which won the Governor General's Award in 1993)
- Crowd
- Dog breed, Nova Scotia Duck-\_\_ Retriever
- Jeff \_\_\_\_ (Montreal-born philanthropist/entrepreneur who was eBay's first President)
- Capital city of Niger
- Corporate executives, e.g.
- Irish writer's surname, b.1865 - d.1939
- Embark
- Basra's country
- Pastas alternatives
- Bygone bird
- Persist
- Arrives
- '\_' for Ottawa



- More blood-and-guts-ish
- Fragrant flower
- Speaks frankly: 2 wds.
- Style
- In 2011, this city was hit hard by an earthquake. Today,

- it's a stop on Prince William and Kate's royal tour of New Zealand.
- President between Clinton and Obama ...nicknamed
- Hamilton nick-name: 2 wds.

- Make hair wavy
- Eke \_\_\_\_ living
- Languish
- One being quoted
- Geek
- Pre-plant form

- three times a week..."
- Toil, States-spelling
- They're hot
- Taken back [abbr.]
- Nero's 152
- "Bye!"
- Huff
- Pop a \_\_, as per stunt bike riding

### Friday's Crossword



### Sudoku

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Friday's Sudoku



## Weather

### TODAY



MAX: 12°  
MIN: -3°

### TUESDAY



MAX: 11°  
MIN: 3°

### WEDNESDAY



MAX: 1°  
MIN: -3°



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